ROOM AS SUPPORT SYSTEM / FIELD TOOL

Room Setup Worksheet

A room can hold cues, reduce choices, and protect return.

ONE ROOM · ONE RETURN

Redesign one room around fluctuating capacity.

01 Room:

02 What usually happens here?

03 What do I want this room to help me do?

04 What does this room currently make harder?

05 What objects are asking for attention?

06 What objects could become anchors?

07 What needs to be visible?

08 What needs to be hidden?

09 What needs a tray?

10 What needs a boundary?

11 What is the first tiny change?

ROOM SKETCH

PLAN VIEW

Draw the cue, tray, lamp, or anchor location.

